

TROOP 112 FOOD ALLERGY & ANAPHYLAXIS POLICY

Troop 112 will ask the parents of a scout to notify the Scoutmaster (Scoutmaster will then pass this on to all Committee Members and ASMs, i.e. Leadership) of any known food allergen(s) that can cause an anaphylactic reaction in their child. Troop leadership will make every reasonable effort, with the help of the parents, to make Troop 112 outings FREE of that particular allergen(s). HOWEVER, THIS POLICY IN NO MEANS GUARANTEES A 100% SAFE ENVIRONMENT.

Troop Responsibilities:

1. If the parents have provided the Troop the pertinent information, the troop shall provide, in writing, a scout's allergy information to all those providing food for activities.
2. The troop shall remove from an activity any food determined to be in violation of a scout's anaphylaxis allergy information. Anyone in the troop can remove the food item. The adult leader of the activity shall be informed of this action.

Parent Responsibilities:

1. The parents of a scout with food allergies shall provide as much information, in writing, as reasonable to the troop so that an understanding of what constitutes a safe environment can be established. The parents should make sure that this information is updated regularly with the Scoutmaster.
2. The parents of a scout with food allergies shall make themselves available to provide insight and support to those providing food for activities, and shall make every reasonable effort to be present at Troop outings and functions (where there may be potential concern).
3. The parents shall have their son properly educated on how to avoid any potential allergen, and how to respond in an emergency situation. Furthermore, the parent shall make sure their son has proper emergency equipment with them at all times.

FOR EDUCATIONAL PURPOSES*:

Definitions:

Anaphylaxis - Anaphylaxis is a severe, whole-body allergic reaction to a chemical that has become an allergen. Anaphylaxis is a life-threatening type of allergic reaction.

Symptoms develop quickly, often within seconds or minutes. They may include the following:

- Abdominal pain
- Abnormal (high-pitched) breathing sounds
- [Anxiety](#)
- Chest discomfort or tightness
- Cough
- Diarrhea

- Difficulty breathing and death
- Difficulty swallowing
- [Dizziness](#) or [light-headedness](#)
- [Hives](#), itchiness
- Nasal congestion
- Nausea or vomiting
- [Palpitations](#)
- [Skin redness](#)
- Slurred speech
- Swelling of the face, eyes, or tongue
- **Unconsciousness**
- Wheezing*

Food Allergy - A food allergy is an exaggerated immune response triggered by eggs, peanuts, milk, or some other specific food. **Symptoms usually begin immediately, within 2 hours after eating.** Rarely, the symptoms may begin hours after eating the offending food. If you develop symptoms shortly after eating a specific food, you may have a food allergy. **Key symptoms include hives, hoarse voice, and wheezing.**

Other symptoms that may occur include:

- [Abdominal pain](#)
- [Diarrhea](#)
- Difficulty swallowing
- [Itching](#) of the mouth, throat, eyes, skin, or any area
- Lightheadedness or [fainting](#)
- [Nasal congestion](#)
- [Nausea](#)
- [Runny nose](#)
- Patches of itchy, scaly skin (atopic dermatitis); skin may peel or blister
- Swelling ([angioedema](#)), especially of the eyelids, face, lips, and tongue
- [Shortness of breath](#)
- [Stomach cramps](#)
- [Vomiting](#)

Symptoms of mouth (oral) allergy syndrome:

- Itchy lips, tongue, and throat
- Swollen lips (sometimes)*

*Material extracted from PUBMED
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